

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 9/9/2014	(3) CONTACT/PHONE Cindy Collins, ASM, 788-2932; Amy Olson, ASO II, 781-4729	
(4) SUBJECT Request to approve FY 2014-15 renewal contracts with Coast Unified School District and San Miguel Joint Unified School District in the cumulative amount not to exceed \$95,034 to provide drug and alcohol prevention counseling services. Districts 1 and 2.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct Chairperson to sign FY 2014-15 renewal contracts with Coast Unified School District (CUSD) and San Miguel Joint Unified School District (SMJUSD) in the cumulative amount not to exceed \$95,034 to provide drug and alcohol prevention counseling services.			
(6) FUNDING SOURCE(S) CUSD, SMJUSD	(7) CURRENT YEAR FINANCIAL IMPACT \$95,034.00	(8) ANNUAL FINANCIAL IMPACT \$95,034.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT { X } Consent { } Presentation { } Hearing (Time Est. ____) { } Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS { } Resolutions { X } Contracts { } Ordinances { } N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A { } 4/5 Vote Required { X } N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY { } N/A Date: <u>9-10-13</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) District 1 District 2			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, LMFT, Behavioral Health Administrator

DATE: 9/9/2014

SUBJECT: Request to approve FY 2014-15 renewal contracts with Coast Unified School District and San Miguel Joint Unified School District in the cumulative amount not to exceed \$95,034 to provide drug and alcohol prevention counseling services. Districts 1 and 2.

RECOMMENDATION

It is recommended that the Board approve and direct Chairperson to sign FY 2014-15 renewal contracts with Coast Unified School District (CUSD) and San Miguel Joint Unified School District (SMJUSD) in the cumulative amount not to exceed \$95,034 to provide drug and alcohol prevention counseling services.

DISCUSSION

For over twenty years, Drug and Alcohol Services (DAS) has secured contracts with school districts in the county to provide drug and alcohol prevention and intervention school site counseling services. These school-site contracts for FY 2014-15 includes providing student support, drug and alcohol prevention and intervention counseling, and prevention activity development at various elementary (K-6), middle and high schools.

As part of the contracts, Drug and Alcohol Specialists will work directly with at-risk youth in the schools conducting risk evaluations, individual and group prevention counseling, and will also act as on-campus liaisons with school staff for issues involving student substance abuse. DAS school site specialists often refer students who require more intensive counseling to additional services at one of the DAS clinics located in San Luis Obispo county. The continuum of services is further enhanced when school site specialists refer students to DAS prevention staff responsible for Friday Night Live and the Mental Health Services Act Prevention and Early Intervention (PEI) Program counselors.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has approved these contracts as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2014-15 renewal contract for CUSD amounts to \$49,284 and the contract for SMJUSD amounts to \$45,750 for a cumulative total of \$95,034. The FY 2014-15 Approved Budget assumed \$95,034 for these contracts, and was based on FY 2013-14 actual contract amounts. Typically, contract negotiations do not begin until early summer, when school districts are confident about funding, and are historically not finalized until late summer or early fall.

As illustrated in the table below, CUSD and SMJUSD will be offering traditional student support counseling as well as prevention services offered in a bilingual/bicultural manner. Funding for CUSD bilingual/bicultural support will come from the District as well as a Preventative Health Grant they were awarded for FY 2014-15 in the amount of \$22,500. Funding for the SMJUSD program is fully offset by the District contract.

District	FY 2014-15 Budgeted Amount	FY 2014-15 Contract Amount	FTE	Fully Offset By District Contract?
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Coast USD (DAS)	\$10,980	\$10,980	.12 FTE	Yes
Coast USD (Bilingual)	\$38,304	\$38,304	.44 FTE	Yes – These funds are provided by two sources; \$22,500 from Preventative Health Grant and \$15,804 from the District
San Miguel Joint USD	\$45,750	\$45,750	.48 FTE	Yes
Total	\$95,034	\$95,034	1.04 FTE	

RESULTS

Each contract stipulates the number of hours each district will provide student support counseling (SSC) for FY 14-15. CUSD will provide 240 hours of SSC as well as 912 hours of bilingual/bicultural prevention services as part of their Costa Unificada Prevention Program; SMJUSD will provide up to 1,000 hours of SSC at two schools within the district. The prevention counseling contracts do not include, nor do the other prevention counseling contracts previously approved include, measurable outcomes. The lack of measureable outcomes in these contracts is due to the nature of these clients and their ever changing environment. Behavioral Health staff and the school district will be assessing appropriate performance measures during the year to determine if more meaningful data can be collected and reported in the future, as well as which measureable outcomes to include in future contracts. School based prevention counseling services differ from district to district and school to school. The outcome measures provided below are typical of the measures used in each district. The results provided are based on services provided to approximately 657 students.

Based on the pre- and post- referral surveys completed by participating students, many positive results were achieved during the 2013-14 school year. A few distinct examples include:

- Participating Students earning mostly A's and B's on report cards increased about 50% while those earning D's and F's decreased 18%;
- 10% of participating students reported improved communication and relationships with parents;
- 34% of participating students reported improved ability to cope with stress, depression and anxiety better;
- Regular use of alcohol decreased by 23% while abstinence of marijuana use increased 7% and abstinence of alcohol use increased by 36% for participating students;
- The number of times a student reported self-harm decreased 17%;
- School attendance for participating students increased across the board while 11% of participants achieved zero absences.

During the FY 2013-14 program year, 97% (target 97%) of students participating in DAS school site counseling showed a reduction in risk factors (low levels of parent/youth communication, truant behavior, problem peer group) and an increase in protective factors (improved academic achievement, classroom behavior, playground/social behavior and attendance), as measured by pre-and-post referral surveys administered by school and/or DAS personnel. The target for FY 2014-15 remains at 97%.

Research by Hawkins/Catalano, Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Institute on Drug Abuse demonstrates that decreases in standardized risk factors or increases in standardized protective factors result in reduced substance abuse. Protective factors appear to buffer exposure to risk factors. Core to all of DAS's school based interventions is the goal of strengthening or increasing protective factors while striving to reduce risk factors. The Drug and Alcohol Services Division of the Behavioral Health Department seeks to provide students the appropriate services by matching counseling services to students' needs. The above mentioned contracts provide the necessary resources to assure that the appropriate services are available for students in need of counseling services. Providing the most appropriate services to these clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. CUSD FY 14-15 Prevention Contract Renewal
2. SMJUSD FY 14-15 Prevention Contract Renewal